

## Aromatherapy

I have learned from my studies that plants and trees are the original medicine of the Earth. Teachers don't always have to be humans. We can sit at the feet of plants and animals and learn from them. We are the stewards to plants, animals, and the Earth. If we listen to the plants and follow their instructions, we can be helped by them.

The essences contain chemistries that are very complex—that is why they can help so many conditions. The plant and tree essences are therapeutic-grade which helps heal mind-body-spirit. They contain properties of both energy and matter, and can work like homeopathy, Bach Flower remedies, and herbs. Essential Oils are highly concentrated and come from the soul of the tree. They are the light and energy reservoir of the plant. I have found them to be adaptogenic which means they are flexible in response based on a person's needs. They are also alchemical which means they are able to transmute health problems into health.

I am using *Wisdom of the Earth* Essences because I have found them to be high vibration, medicinal grade essential oils. One of the reasons I chose *Wisdom of the Earth* products is that the farmers who produce these essences practice biodynamic or wild-crafting farming. The farmers are committed to working *with* the environment to produce these oils.

Another reason I am using this company is that they use essences that come directly from the plant—nothing is added or subtracted. Therefore, the essences remain pure which contributes to their high medicinal quality. In addition, all the oils are hand-poured which the company believes increases the "healing quality" of the essences. *Wisdom of the Earth* does not believe in multi-level marketing and has stayed small to insure high quality. I believe these essences can enhance your healing process.

I will be recommending them to you to address the physical, emotional, and spiritual aspects of your health. As part of your overall program, the essences will support all the other therapies that you are doing with me.